Soccer Skills - Recording Player Times On All Soccer Activities

Sample Sheet (a downloadable blank chart for parents will be provided)

Week Of: <u>March 23</u>

Date	Activity	Time	Points/Deductions	Final Time
3-23	Dribbling-Passing Combo	1:12	-4 seconds	1:08
3-24	Dribbling-Passing Combo	1:18	-2 seconds	1:16
3-25	Dribbling-Passing Combo	1:06	+4 seconds	1:10
3-26	Dribbling-Passing Combo	1:12	-6 seconds	1:06
3-27	Dribbling-Passing Combo	1:20	-4 seconds	1:16

Total Time: 5:46 / Average Time: 1:11

<u>**Notes For Parents**</u> **(or older siblings who can help with this!)**

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The recorded daily times shown above (1:12, 1:18, 1:06, 1:12, 1:20) would each be the average time after the player completes 3-5 circuits*, the recommended number of circuits per day. You can keep a record of each individual daily time if you wish but only record the average time for each day.
* An example of one circuit is demonstrated in coach Neil's practical videos

The final time recorded each day may be different is you award points or deductions for an aspect of the activity. For example in the activity above deduct 2 seconds for each accurate pass, add 2 seconds if the player or ball touches a cone whilst dribbling.

A points-deductions approach is highly recommended as being more motivational for the player.

Once enough times are recorded parents can use the information for home schooling projects. The children can create statistical graphs or charts showing their progress in each activity and parents can create questions sheets based on the times.

Encourage the children to be creative and colorful as they record their results in chart or table form.

Coach Neil would love to see recorded videos of the players participating in these soccer skills and / or the charts they create from the timed results.

To see all of coach Neil's ideas on this topic visit YouTube.com/SmartSoccerCamps

Thank-you
Neil Smart
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